




Morning Activities for March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1 	2 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Football/Softball Throw Practice	3 7:30-Walking Club 9:30-Walking Aerobics 10:00-Arts & Crafts 11:00-Bocce Practice	4 9:30-Floor Exercise-NEW!! 10:00-Bingocize! 11:00-Bible Study 11:00-Corn Hole	5 7:30-Walking Club 9:30-Walking Aerobics 10:00- NEW!! Zumba 11:00-Pool Match 11:00-Shuffleboard 11:30-Senior Employment Program Info Meeting	6 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-Bingo Tax Assistance Day-Rescheduled from Feb.	7 
8 Daylight Savings Time Begins 	9 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Football/Softball Throw Practice	10 7:30-Walking Club 9:30-Walking Aerobics 10:00-Arts & Crafts 11:00-Bocce Practice	11 9:30-Floor Exercise 10:00-Bingocize! 11:00-Bible Study 11:00-Corn Hole	12 7:30-Walking Club 9:30-Walking Aerobics 10:00-Zumba 11:00-Pool Match 11:00-Shuffleboard 11:00-Social Security Jam Session-individual assistance after meeting	13 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-Bingo	14
15	16 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Football/Softball Throw Practice 11:00-Workshop Dementia-the Sound of Music 	17 7:30-Walking Club 9:30-Walking Aerobics 10:00-Arts & Crafts 10:00-Aging Planning Committee Meeting 11:00-Bocce Practice St. Patrick's Day! 	18 9:30-Floor Exercise 10:00-Bingocize! 10:30-Blood Pressure/ Blood Sugar ✓ GCHC 11:00-Bible Study 11:00-Corn Hole	19 7:30-Walking Club 9:30-Walking Aerobics 10:00-Zumba 10:30-Local Shopping Trip 11:00-Pool Match 11:00-Shuffleboard 11:15-Nutrition Workshop Mango Salad-Coop.	20 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-Bingo 1st Day of Spring Tax Assistance Day by Appointment	21 
22	23 10:00-Chair Exercise 11:00-Jewelry 11:00-Football/Softball Throw Practice	24 7:30-Walking Club 9:30-Walking Aerobics 10:00-Arts & Crafts 11:00-Bocce Practice	25 9:30-Floor Exercises 10:00-Bingocize! 11:00-Bible Study 11:00-Corn Hole	26 7:30-Walking Club 9:30-Walking Aerobics 10:00-Zumba 11:00-Pool Match 11:00-Shuffleboard	27 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-Bingo 11:00-Family Caregiver Support Group Luncheon	28
29 	30 10:00-Chair Exercise 11:00-Jewelry Making 11:00-Football/Softball Throw Practice	31 7:30-Walking Club 9:30-Walking Aerobics 10:00-Arts & Crafts 11:00-Bocce Practice *Birthday Celebration	Activities, Menu, Newsletter, & volunteer opportunities online at greencountync.gov . Click on Departments, then Senior Services. *Free Wireless Internet	Suggestion Box outside office door-suggestions carefully reviewed and considered by our Advisory Board. *Ask about our scholarships for fee based activities.	*Senior Games Basketball shooting practice Fridays at 10-Greene County Wellness Center. Van will take participants to the Wellness Center	

***Walk In Activities:** Puzzles, Cards, Board Games, Pool Tables, Books, exercise equipment, crosswords, Horseshoes, Lap Top Computer/Tablet, Shuffleboard, Word Search, Coloring Books for Adults, Free Wireless Internet access-(ask about the access code) Please see a staff member for more information or assistance with supplies.



Afternoon Activities for March 2020



Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1 	2 1:00-Wreath Making 6:30-Advanced Line Dancing Class	3 1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	4 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	5 1:00-Community Outreach Crochet 3:30-Tai Chi Practice 6:00-Weight Wise Class	6 12:30-NEW!! Senior Choir interest meeting *Recreation room	7
8	9 1:00-Wreath Making 6:30-Advanced Line Dancing Class	10 1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	11 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	12 1:00-Community Outreach Crochet 3:30-Tai Chi Practice 6:00-Weight Wise Class	13 12:30-Choir Practice *Recreation room closes at 3pm	14 
15 	16 1:00-Wreath Making 6:30-Advanced Line Dancing Class	17 1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i> 	18 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild 3:30-Senior Center Advisory Committee Meeting	19 1:00-Vision Loss Support Group 1:00-Community Outreach Crochet 3:30-Tai Chi Practice 6:00-Weight Wise Class	20 12:30-Choir Practice *Recreation room closes at 3pm 1st Day of Spring!	21
22	23 1:00-Wreath Making 6:30-Advanced Line Dancing Class	24 1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i> 5:30-Single Mingle Singles Club Meeting	25 1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	26 1:00-Community Outreach Crochet 3:30-Tai Chi Practice 6:00-Weight Wise	27 12:30-Choir Practice *Recreation room closes at 3pm	28 
29 	30 1:00-Wreath Making 6:30-Advanced Line Dancing Class	31 1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	Partner of 	 Greene County Senior Center & Services	 Help starts here.	*Ask about our scholarships for fee based activities

*Copy of latest Financial Report & Audit available upon request in Office or online at www.greencountync.gov

*Copy of current Senior Budget available in Business Office.