

SENIOR CENTER MENU

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Fried Steak, Mashed Potatoes, Collards, Pears, Rolls, 2 % Milk
4 Pepper Steak, Macaroni & Cheese, Field Peas, Applesauce, WWB, 2 % Milk	5 Turkey, Yams, String Beans, Peaches, Rolls, 2 % Milk	6 Beef Tips, Rice, Collards, Pineapples, Cornbread, 2 % Milk	8 Pork Chops, Boiled Potatoes, Broccoli, Pears, Rolls, 2 % Milk	8 Meatloaf, Green Lima, Winter Blend, Chocolate Pudding, Rolls, 2 % Milk
11 Ham, Macaroni & Cheese, Mixed Vegetables, Pineapples, Rolls, 2 % Milk	12 Roast Pork, Navy Beans, Collards, Peaches, Rolls, 2 % Milk	13 Spaghetti, Winter Blend, Pears, Garlic Toast, 2 % Milk	14 Fried Chicken, Potato Salad, String Beans, Vanilla Pudding, Rolls, 2 % Milk	15 Meatballs, Mashed Potatoes, Turnips, Oranges, Rolls, 2 % Milk
18 Smoked Sausage, Dry Lima, Cabbage, Vanilla Pudding, WWB, 2 % Milk	19 Beef Tips, Rice, Collards, Mixed Fruit, Rolls, 2 % Milk	20 Baked Pork Chops, Whole Potatoes, String Beans, Fruit Cocktail, Biscuits, 2 % Milk	21 Chicken Pot Pie, Yams, Corn, Peaches, Cornbread, 2 % Milk	22 Stew Beef, June Peas, Vanilla Pudding, Rolls, 2 % Milk
25 Hamburger Steak, Mashed Potatoes, Turnips, Pears, Rolls, 2 % Milk	26 BBQ Chicken, Boiled Potatoes, Black Eye Peas, Peaches, Biscuits, 2 % Milk	27 Fish, Baked Beans, Slaw, Oranges, Cornbread, 2 % Milk	28 Baked Pork Chops, Macaroni & Cheese, Peas & Carrots, Mixed Fruit, Rolls, 2 % Milk	29. Chicken Fried Steak, Mashed Potatoes, Collards, Pears, Rolls, 2 % Milk