





Morning Activities for June 2019

June is National Dairy Month!




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Free Local Shopping Trips June 6th & 27th at 10:30am GC Trans	Activities, Menu, Newsletter, & volunteer opportunities online at greencountync.gov . Click on Departments, then Senior Services. Suggestion Box outside Office door- Suggestions reviewed by Advisory Board	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Horseshoes, Lap Top Computer/Tablet, Shuffleboard, word search, adult coloring books, crossword books	*Powerful Tools for Caregivers Classes June 4th, 7th, 18th, 21st, 25th, & 28th starting at 10am- Register by June 3rd! During this 6 session course, Caregivers will learn how to take care of themselves while caring for someone else!			1
2	3 10:00-Arthritis Exercise 10:00-Dairy Treats! 11:00-Jewelry Making 11:00-Spades Competition	4 7:30-Walking Club 9:30-Walking Aerobics 10:00-Powerful Tools for Caregivers-1 11:00-Educational Jingo	5 9:00-Medicine Ball Exer. 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole 11:30-Elder Abuse Awareness Presentation	6 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 10:30-Local Shopping Trip 11:00-Pool Match 11:00-Arts & Crafts	7 10:00-Slim/Fit Weight Loss Support Group 10:00-Powerful Tools-2 10:00-Days of Old-Show & Tell Session 11:00-Bingo	8
9	10 10:00-Arthritis Exercise 11:00-Jewelry Making 11:00-Spades Competition	11 7:30-Walking Club 9:30-Walking Aerobics 11:00-Educational Jingo	12 9:00-Medicine Ball Exercise 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	13 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 11:00-Pool Match 11:00-Arts & Crafts	14 <i>US Flag Day!</i> 10:00-Slim/Fit Weight Loss Support Group 10:00-Days of Old-Show & Tell Session 11:00-Bingo	15 World Elder Abuse Day!
16 <i>Happy Father's Day!</i>	17 10:00-Arthritis Exercise 11:00-Jewelry Making 11:00-Spades Competition 11:00-Lewy Body Dementia workshop-GAST Team	18 7:30-Walking Club 9:30-Walking Aerobics 10:00-Powerful Tools-3 11:00-Educational Jingo	19 9:00-Medicine Ball Exercise 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	20 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 11:00-Pool Match 11:00-Arts & Crafts 11:00-Nutrition Workshop -Kale, NC Coop. Extension	21 <i>1st Day of Summer!</i> 10:00-Slim/Fit Weight Loss Support Group 10:00-Powerful Tools-4 10:00-Days of Old-Show & Tell Session 11:00-Bingo	22
23 30	24 10:00-Arthritis Exercise 11:00-Jewelry Making 11:00-Spades Competition	25 7:30-Walking Club 9:30-Walking Aerobics 10:00-Powerful Tools-5 11:00-Educational Jingo	26 9:00-Medicine Ball Exercise 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	27 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 10:00-12:00-About to be 65 and/or New to Medicare Workshop 10:30-Local Shopping Trip 11:00-Pool Match 11:00-Arts & Crafts	28 10:00-Slim/Fit Weight Loss Support Group 10:00-Powerful Tools-6 10:00-Days of Old-Show & Tell Session 11:00-Bingo 11:00-Family Caregiver Support Group Luncheon *Birthday Celebration	29



Activities for June 2019-Afternoon



Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
 DIAL 211 Help starts here.	Copy of latest Financial Report & Audit available upon request in Office or online at www.greencountync.gov Copy of current Senior Budget available in office	 United Way LENOIR/GREENE	 Find us on: facebook Greene County Senior Center & Services	*No Tai Chi the month of June. Will start beginners classes July 2nd at 10am. Advanced Classes resume July 11th at 3:30pm.		1 4:00PM <i>Hookerton Hometown Celebration</i>
2	3	4	5	6	7	8
	1:00-Afternoon at the Movies-snack included 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	1:00-Community Outreach Crochet	*Recreation room closes at 3:00	
9	10	11	12	13	14	15
	1:00-Afternoon at the Movies-snack included 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	1:00- Community Outreach Crochet	*Recreation room closes at 3:00	
16	17	18	19	20	21	22
	1:00-Afternoon at the Movies-snack included 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i>	1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	1:00-Vision Loss Support Group 1:00-Community Outreach Crochet	*Recreation room closes at 3:00	
23	24	25	26	27	28	29
	1:00-Afternoon at the Movies-snack included 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise <i>Orientation-New Members</i> 5:30-Single Mingle-Singles Club Group	1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	1:00-Community Outreach Crochet	*Recreation Room Closes at 3:00	
30						