







Activities for February 2019-Morning Activities


February is Black History Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	Activities, Menu, Newsletter, & volunteer opportunities online at greencountync.gov . Click on Departments, then Senior Services. Suggestion Box outside Office door	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Horseshoes, Lap Top Computer/ Tablet, Shuffleboard		*Greene County Transportation is offering free van rides from the Senior Center into Snow Hill for shopping at local stores on Feb. 7th. from 10:30-11:45. Ask a staff member for more info on the areas of coverage.	1 10:00-Slim/Fit Weight Loss Support Group-Living Healthy With Diabetes during Slim fit-CDSMP #1 10:00-Horseshoes 11:00-BINGO	2
3 	4 10:00-Arthritis Exercise 11:00-Jewelry Making	5 7:30-Walking Club 9:30-Walking Aerobics 9:30-Low Income Energy Assistance Day-Greene County DSS 11:00-Educational Jingo	6 9:00-Medicine Ball Exer. 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	7 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 10:30-Local Shopping opportunity-GC Trans Van leaving from Senior Center 11:00-Pool Match 11:00-Arts & Crafts	8 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-BINGO	9
10	11 10:00-Arthritis Exercise 11:00-Jewelry Making	12 7:30-Walking Club 9:30-Walking Aerobics 11:00-Jeopardy-Black History Month	13 9:00-Medicine Ball Exer. 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	14 7:30-Walking Club 9:30-Walking Aerobics 10:00-Valentine's Party 10:00-Shuffleboard 11:00-Pool Match 11:00-Arts & Crafts	15 10:00-Slim/Fit Weight Loss Support Group-Living Healthy With Diabetes during Slim fit-CDSMP #2 10:00-Horseshoes 11:00-BINGO	16
17	18 10:00-Arthritis Exercise 11:00-Jewelry Making	19 7:30-Walking Club 9:30-Walking Aerobics 11:00-Educational Jingo	20 9:00-Medicine Ball Exer 10:00-Arthritis Exercise 11:00-Devotional 11:00-Corn Hole	21 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 11:00-Pool Match 11:00-Arts & Crafts	22 9:00-Free Tax Help 10:00-Slim/Fit Weight Loss Support Group 10:00-Horseshoes 11:00-BINGO 11:00-Family Caregiver Support Group Luncheon	23 
24 	25 10:00-Arthritis Exercise 11:00-Jewelry Making	26 7:30-Walking Club 9:30-Walking Aerobics 11:00-Educational Jingo	27 9:00-Medicine Ball Exer. 10:00-Arthritis Exercise 10:30-GCHC-Blood Sugar & Pressure Checks 11:00-Devotional 11:00-Corn Hole	28 7:30-Walking Club 9:30-Walking Aerobics 10:00-Shuffleboard 11:00-Pool Match 11:00-Arts & Crafts	Copy of latest Financial Report & Audit available upon request in Office or online at www.greencountync.gov Copy of current Senior Budget available in office	

Activities for February 2019-Afternoon Activities

Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Information  Help starts here.		 Find us on: facebook. Greene County Senior Center & Services		*The Regional Senior Games Registration begins Feb. 1st and ends March 13th Senior Center will sponsor \$12 Registration fee if in by the March 13th by 5pm	1 1:00-3:00- Senior Games Practice *Recreation room closes at 3:00	2
3	4	5	6	7	8	9
	1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise Orientation-New Members 2:00-Practical Spanish	1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	1:00-Community Outreach Crochet 3:30-Advanced Tai Chi	1:00-3:00- Senior Games Practice *Recreation room closes at 3:00	
10	11	12	13	14	15	16
	1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise Orientation-New Members 2:00-Practical Spanish	1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild	1:00- Community Outreach Crochet 3:30-Advanced Tai Chi <i>Valentine's Day</i>	1:00-3:00- Senior Games Practice *Recreation room closes at 3:00	
17	18	19	20	21	22	23
	1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise Orientation-New Members 2:00-Practical Spanish	1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	1:00-Vision Loss Support Group 1:00-Community Outreach Crochet 3:30-Advanced Tai Chi	1:00-3:00- Senior Games Practice *Recreation room closes at 3:00	
24	25	26	27	28		
	1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class	1:00-Crochet Class 2:00-Exercise Orientation-New Members 2:00-Practical Spanish 5:30- Single Mingle-Singles Club Meeting	1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild	1:00-Community Outreach Crochet 3:30-Advanced Tai Chi	*Senior Games Practices starting Feb. 1st after lunch. Billiards, Shuffleboard, Corn Hole, Horse Shoes & Bocce	