


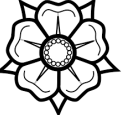




Activities for April 2018-Morning Activities



Celebrating Volunteers-National Volunteer Week-April 15th-20th!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
1 Easter Sunday! 	2 10:00-Arthritis Foundation Exercise-15 11:45-Show & Tell	3 9:30-Walking Club 10:00-Arthritis Foundation Exercise-16 10:00-Horseshoes Senior Games Practice 11:00-Educational Jingo	4 10:00-Bingo <i>10:00-Powerful Tools for Caregivers-Class 1</i> 11:00-Devotional 11:00-Corn Hole Sr. Games Practice	5 9:30-Walking Club 10:30-Medicine Ball 10:30-11:30-Walking Club Health Screenings-Nurse Gena Byrd 11:00-Pool Match 11:00-Shuffleboard Practice Senior Games	6 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group <i>10:00-Powerful Tools for Caregivers-Class 2</i> 10:00-Horseshoe Practice 11:30-Crafts	7
8	9 10:00-Arthritis Foundation Exercise-17 11:45-Show & Tell	10 9:30-Walking Club 10:00-Horseshoes Senior Games Practice 10:00-Arthritis Foundation Exercise-18- Class Celebration!	11 10:00-Bingo <i>10:00-Powerful Tools for Caregivers-Class 3</i> 11:00-Devotional 11:00-Corn Hole Sr. Games Practice	12 9:30-Walking Club 10:30-Medicine Ball 11:00-Pool Match 11:00-Shuffleboard Practice Senior Games	13 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 10:00-Horseshoe Practice 11:30-Crafts	14 
15	16 10:00-Arthritis Exercise 11:00-Jewelry Making 11:45-Show & Tell	17 9:30-Walking Club 10:00-Arthritis Exercise 10:00-Horseshoes 11:00-Educational Jingo 11:00-Volunteer Appreciation Luncheon by Invitation Only	18 10:00-Bingo 11:00-Devotional *Neuse River Senior Games New Bern	19 9:30-Walking Club 10:30-Medicine Ball 11:00-Shuffleboard 11:00-Pool Match 11:30-Cherry Trail Mix -Nutrition Workshop *Senior Games New Bern	20 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts *Senior Games New Bern	21
22 Earth Day! 	23 10:00-Arthritis Exercise 10:00-Chronic Disease Self Management Class 11:00-Jewelry Making 11:45-Show & Tell *Senior Games Bowling	24 9:30-Walking Club 10:00-Arthritis Exercise 10:00-Horseshoes 10:00-Chronic Disease Self Management Class 11:00-Educational Jingo	25 10:00-Bingo <i>10:00-Powerful Tools for Caregivers-Class 4</i> 11:00-Devotional 11:00-Corn Hole	26 9:30-Walking Club 10:30-Medicine Ball 11:00-Shuffleboard 11:00-Pool Match	27 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts	28
29	30 10:00-Arthritis Foundation Exercise 10:00-Chronic Disease Self Management Class 11:00-Jewelry Making 11:45-Show & Tell *Birthday Celebration	*Chronic Disease Self Management Classes @ 10am Six classes-April 23rd, 24th,30th, May 1st, 7th, 8th. Open to Greene County Senior Citizens 60+-need at least 8 participants signed up	Suggestion Box located outside Office Door. Activities, Menu, Online Newsletter at www.greenecountync.gov Click on Departments, then Senior Services.	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search. Copy of Current Budget available in Office	<i>Powerful Tools for Caregivers Classes @ 10am-Six Classes-April 4th, 6th, 11th, & 25th. May 2nd & 4th. For anyone of any age that is a Family Caregiver for someone that is at least age 60. Lunch is provided for every session.</i>	



Activities for April 2018-Afternoon Activities



Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at www.greencountync.gov-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
<p>1</p> 	<p>2</p> <p>1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class</p>	<p>3</p> <p>1:00-Crochet Class 2:00-Exercise Orientation for New Members</p>	<p>4</p> <p>1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild</p>	<p>5</p> <p>1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 9</p>	<p>6</p> <p>*Recreation room closes at 3:00 Fridays</p>	<p>7</p> 
<p>8</p>	<p>9</p> <p>1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class</p>	<p>10</p> <p>1:00-Crochet Class 2:00-Exercise Orientation for New Members</p>	<p>11</p> <p>1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild</p>	<p>12</p> <p>1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 10</p>	<p>13</p> <p>*Recreation room closes at 3:00 Fridays</p>	<p>14</p>
<p>15</p> 	<p>16</p> <p>1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class</p>	<p>17</p> <p>1:00-Crochet Class 2:00-Exercise Orientation for New Members</p>	<p>18</p> <p>1:00-Touch Screen Tablet & Lap Top Computer Class 1:30-Needleworkers Guild</p>	<p>19</p> <p>1:00-Comfort Mats 1:00-Vision Loss Support Group Meeting 1:30-Bridge Club 3:30-Tai Chi-Class 11</p>	<p>20</p> <p>*Recreation room closes at 3:00 Fridays</p>	<p>21</p> 
<p>22</p>	<p>23</p> <p>1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class</p>	<p>24</p> <p>1:00-Crochet Class 2:00-Exercise Orientation for New Members 5:30-Single Mingle</p>	<p>25</p> <p>1:00-Touch Screen Tablet & Lab Top Computer Class 1:30-Needleworkers Guild</p>	<p>26</p> <p>1:00-Comfort Mats 1:30-Bridge Club 3:30-Tai Chi-Class 12</p>	<p>27</p> <p>*Recreation room closes at 3:00 Fridays</p>	<p>28</p>
<p>29</p> 	<p>30</p> <p>1:00-Wreath Class 5:00-Beginner's Line Dancing Class 6:30-Advanced Line Dancing Class</p>		<p>Free Information Service on just about everything</p>  <p>Help starts here.</p>	<p>A Partner of</p>  <p>LENOIR/GREENE</p> <p>Greene County Senior Center & Services</p>	 <p>Find us on: facebook.</p> <p>Greene County Senior Center & Services</p>	